

Dear Peg,

2/16/00

This has been a long time in coming. I have thought of you often and never seemed to be able to find the right words to convey my appreciation for all of your help and gentle guidance. Sometimes it takes hindsight to appreciate the good things that have happened in your life and how people have affected it.

A few years ago I took a class from you (my second) called Love Yourself, Heal Your Life, based on Louise Hay's teaching. Amongst various other projects, we were to write out what we wanted in our life partner. We were to be very exact!! We were to think long and hard about this. I still have the list and some of things it included were: Have come from a loving and caring family, honest, good sense of humor, To love my daughter as their own, to love me for myself-completely, nice eyes and smile, to be supportive of my spiritual path, etc. The list was truly everything I wanted in the person I would want to share my life with. After the class was over, I would take out my list and read it over. It was never too far away from me. The more often I read it the more I believed not only was I worthy of such a person, but I believed I would find them and that the person would be worthy of me.

I have been married now for six months and have never been happier!!!! My husband is now in the process of adopting my daughter and we are trying to have another. Both my daughter and I have never felt so secure and comfortable and totally loved for who we are!

So, thank you Peg, for offering such a great course and healing yourself so you could help others to heal themselves! You are a very beautiful person, inside and out!!!

Much love,

Jodie A. Thomas
Jodie Hayberg Thomas

